

Need immediate care? SIMNSA coverage in the USA!



Hospital ER \$250 vs ANY Urgent care \$50
Why wait? Average wait times:
Hospital ER 4 hrs+ vs Urgent Care 30-60 minutes

SIMNSA MEMBERS HAVE UNLIMITED URGENT CARE OPTIONS!

- ✓ ANYTIME
- ✓ ANYWHERE

GET ACCESS TO A WIDE NETWORK OF
URGENT CARE PROVIDERS WHENEVER YOU NEED IT.

PREFERRED URGENT CARE LOCATIONS

SAN DIEGO COUNTY



San Ysidro Health
Chula Vista Medical Plaza
678 3rd Avenue
Chula Vista, CA 91910
(619) 662-4100
Hours:
Mon - Sat: 8 am to 8 pm
Sundays: 8 am to 4 pm

San Ysidro Health
333 H Street, Suite 2080,
Chula Vista, CA 91910
(619) 662-4100
Hours:
8 am to 8 pm



All Valley Urgent Care
2026 N Imperial Ave.
El Centro, CA 92243
(760) 592 - 4351
Mon - fri: 12 pm to 10 pm
Sat - Sun: 12 pm to 8 pm

SAN DIEGO COUNTY



Marque Urgent Care
4085 Governor Drive
San Diego, CA 92122
Hours: 9 am to 6 pm

Marque Urgent Care
6136 Lake Murray Blvd.
La Mesa, CA 91942
Hours:
Mon - Sat: 8 am to 8 pm
Sundays: 8 am to 6 pm

Marque Urgent Care
4490 Fanuel Street
San Diego, CA 92109
Hours:
Mon - Sat: 9 am to 8 pm
Sundays: 9 am to 6 pm

Marque Urgent Care
2315 Otay Lakes Road
Suite 306, Chula Vista, CA 91914
Hours:
Mon - Sat: 8 am to 8 pm
Sundays: 8 am to 6 pm

SAN DIEGO COUNTY



AFC Urgent Care
5671 Balboa Ave
San Diego, CA. 92111
Hours: 8 am to 8 pm

AFC Urgent Care
10538 Mission Gorge Road.
Suite 100
Santee, CA. 92071
Hours: 8 am to 8 pm

AFC Urgent Care
1740 Rosecrans Street
San Diego, CA 92106
Hours: 8 am to 8 pm

AFC Urgent Care
8260 Mira Mesa Blvd Suite A
San Diego CA. 92126
Hours: 8 am to 8 pm

AFC Urgent Care
8590 Rio San Diego
Drive Suite 111
San Diego, CA. 92108
Hours: 8 am to 8 pm

AFC Urgent Care
760 Otay Lakes Road
Chula Vista CA. 91910
Hours: Friday-Sunday
8 am to 8 pm

SIMNSA ID required for urgent care attention

Presentar Tarjeta de SIMNSA para atención de urgencias

Contact us today!

2088 Otay Lakes Rd #102
Chula Vista, CA 91913

Ave. Paseo Tijuana #406
Edificio SIMNSA, Tijuana, B.C.

www.simnsa.com
USA: (619) 407 4082
MEX (664) 231 47 47



CENTRAL DE ENFERMERÍA

- No copay for SIMNSA Members
- Sin Copagos para Miembros SIMNSA

- Experienced nurses & support staff
- Enfermeros experimentados y personal de apoyo
- No wait time
- Sin tiempo de espera
- 24 hour Service
- Servicio las 24 Hrs
- Pediatrics E.R.
- Emergencia Pediátrica
- Personalized care
- Atención Personalizada
- Labor & Delivery Unit
- Unidad de Laberinto y Entrega
- Laboratory & X-Ray on Campus
- Laboratorio y rayos X
- First Exit from the Border
- Primera salida de la frontera

Nuestro servicio de Urgencias cuenta con la mejor atención inmediata y rápida respuesta. Contamos con equipos especializados certificados de vanguardia. Así como profesionales altamente capacitados en cuidados críticos con disponibilidad 24/7 para tu seguridad. Todo bajo los protocolos de emergencia y trato humanizado para brindarte una atención integral y de calidad.

Our emergency services offer the best immediate attention. We have cutting-edge certified specialized equipment, as well as highly trained professionals in critical care with 24/7 availability for your safety. All emergency care is conducted with high quality protocols and culturally sensitive treatment to provide you with comprehensive care.

Emergencias hospitalarias \$250
frente a CUALQUIER atención de urgencia \$50
Emergencias hospitalarias 4 horas
o más frente a atención de urgencia 30-60 minutos

