

# YOUR HEALTH COMES FIRST



## UNIDENT

*The Power Of A Healthy Smile*

Health begins with the mouth, since it is important to have good oral health where good hygiene and chewing are considered. Oral health is widely related to other areas of our health, which is why periodic checkups are so important, as well as timely care to prevent alterations that can lead to the loss of teeth and changes in the dental apparatus.

At Unident, we have certified dentists with extensive experience, as well as a group of specialists in all areas of dentistry.

### *Why is oral health important?*

- Oral health helps prevent diseases.
- Healthy gums keep teeth healthy.
- A balanced occlusion ensures healthy chewing.
- Good positioned teeth help avoid diseases.
- A cavity free mouth prevents the loss of dental pieces.
- Periodic checkups prevent maxillofacial pathologies.
- Dental aesthetics improves self-esteem.

### *When to seek dental attention?*

- ✓ Kids 3 years old and older.
- ✓ Preventive attention in kids and teenagers.
- ✓ Dental pain.
- ✓ Chewing issues.
- ✓ Loss of dental pieces.
- ✓ Bad breath.
- ✓ Gum issues.
- ✓ Cavities.
- ✓ Dental malformations.
- ✓ Dental bruxism.
- ✓ Improvement of dental aesthetics.
- ✓ Dental cleaning every 6 months.
- ✓ Checkups at least once a year.